

## DREAM IT, BE IT – CAREER MENTORSHIP FOR GIRLS

APR. 14TH | APR. 25TH | MAY 9TH | MAY 26TH

VIRTUAL - ZOOM!

Are **YOU** a **HIGH SCHOOL GIRL** interested in going to *College*?

Could **YOU** USE GUIDANCE on **HOW** to  
*SET & ACHIEVE your future career goals?*

Would **YOU** like to TALK to *professional women*  
to LEARN *about THEIR careers?*

### Join Soroptimist Moses Lake for the Dream It, Be It: Career Mentorship for Girls

- ≈ **MEET & INTERACT** with *local* **BUSINESS OWNERS, CAREER PROFESSIONALS, and SERVICE PROVIDERS** to learn about the choices they made to pursue their dreams.
- ≈ Find out **How they overcame barriers** to make an impact and **How you can do the same.**
- ≈ Learn about **career opportunities, setting & achieving goals, and overcoming obstacles to success.**
- ≈ PARTICIPATE IN FOUR SESSIONS OVER A XIS WEEK PERIOD AND LEARN **HOW TO BALANCE YOUR STRESS, DISCOVER Your Dreams, and How to put YOUR Dreams into Action.**

#### SESSIONS:

**April 14th: Meet your Mentor Kick-Off**

**Week of April 25th: Workforce 101 and Post-Secondary Planning**

**Week of May 9th: Self-Care & Self-Love**

**May 26th: And that's a WRAP Closing Event**

**REGISTRATION IS FREE! REGISTER TODAY! REGISTRATION DEADLINE: MARCH 15, 2022**

Complete the attached [Student Registration Form](#), [Parental Consent Form](#), and [Media Consent Form](#).

Return to TRIO or email the form to [SIMosesLake@Soroptimist.net](mailto:SIMosesLake@Soroptimist.net)

## DREAM IT, BE IT – CAREER MENTORSHIP FOR GIRLS

### STUDENT REGISTRATION FORM: DUE MARCH 15TH, 2022

**PLEASE PRINT with Black or Blue Pen**

Student: First and Last Name	
Parent's First and Last Name	
Mailing Address	
<b>Best Number to send you a Text about the Event</b>	(    )    -
<b>Best email to send Event Confirmation &amp; Updates</b>	
High School Name	Grade:
How did you hear of Dream It, Be It?	
Are you considering College or Vocational School?	
What School(s)?	
Your Favorite Subject in School?	
I am aspiring to Be ...	Share your career interests – or what you would like to learn more about ...
I hope to learn more about ...	
Shirt Size (please circle)	Ladies: S   M   L   XL   2XL   Other_____
Dietary Restrictions – Y/N/Type	
Student Signature	
Date	
Parental Consent Form – Completed & Attached	

Soroptimist International of Moses Lake is part of Soroptimist International of the Americas, a cause-related philanthropic federation of clubs improving the lives of women and girls through social and economic empowerment. The Moses Lake Soroptimists join 1,300 Soroptimist clubs in 20 countries and territories that empower women and girls through volunteer projects, such as cash grants for education, hands-on efforts to end domestic violence, career mentoring for girls, women's health initiatives and many other community-based projects. For more information, visit [www.MosesLakeSoroptimist.org](http://www.MosesLakeSoroptimist.org).



## DREAM IT, BE IT – CAREER MENTORSHIP FOR GIRLS INVITATION FOR YOUR DAUGHTER TO ATTEND

Dear Parent/Guardian,

We're excited your daughter is interested in participating in the Dream it, Be It: Career Mentorship for Girls! Here are some things we would like you to know:

The **Dream It, Be It: Career Mentorship for Girls** will take place virtually over a six week period with four sessions beginning April 14th. The mentorship is for high school girls and is hosted by Soroptimist International of Moses Lake in partnership with WSU Trio/Upward Bound and many professional women from the community. The mentorship is complimentary.

Dream It, Be It is a program of Soroptimist International of the Americas. Soroptimist is a global women's organization whose members volunteer to improve the lives of women and girls through programs leading to social and economic empowerment. Soroptimist International of Moses Lake is comprised of enthusiastic women and community advocates, dedicated to women and children locally and throughout the world by empowering them to live their dreams according to their own values.

Designed specifically for girls in high school, Dream It, Be It provides students with career and college support and mentorship. Through education and access to role models, the program aims to empower girls (just like your daughter!) to pursue career goals and reach her full potential. In this mentorship program for girls your daughter will learn about career opportunities, setting and achieving goals, overcoming obstacles to success, and moving forward after setbacks.

We hope you'll consider giving your daughter permission to take part in the Dream It, Be It: Career Mentorship for Girls. All volunteers and Soroptimist members have met legal requirements for working with children in our state and are prepared to give your daughter the best and safest experience possible.

Please review and sign the attached **Parental Consent Form** and **Media Consent Form**. Return signed forms along with the **Student Registration Form** to **TRIO** or email the form to: **[SIMosesLake@Soroptimist.net](mailto:SIMosesLake@Soroptimist.net)**. Registrations are due by March 15, 2022.

Please contact Soroptimist International Moses Lake with any questions at: **[SIMosesLake@Soroptimist.net](mailto:SIMosesLake@Soroptimist.net)**

Sincerely,  
Soroptimist International of Moses Lake



**DREAM IT, BE IT – CAREER MENTORSHIP FOR GIRLS  
PARENTAL CONSENT FORM: DUE MARCH 15TH, 2022**

I give permission for my daughter, \_\_\_\_\_, to attend and participate in the activities of **Dream It, Be It: Career Mentorship for Girls**, a program of **Soroptimist International of Moses Lake**. I agree to the following, intending for me and my child to be legally bound:

1. In case of medical emergency, I grant the facilitators the right to authorize medical care, if I cannot be promptly and readily reached.
2. In the event medical treatment is necessary for my child, I agree to pay all costs associated with such treatment including the cost of emergency medical evaluation and care. I further agree to hold harmless and indemnify **Soroptimist International of Moses Lake** for any costs associated with medical treatment and transportation for my child.
3. I agree that **Soroptimist International of Moses Lake** is not responsible for any bodily injury, illness or disease, or loss or damage from any cause concerning this program, even in the event of negligence by the club, its members or facilitators. I release and agree to hold harmless **Soroptimist International of Moses Lake** members and facilitators from any liability in connection with the activities of this program.
4. This consent and release shall be governed by the law of the state in which **Soroptimist International of Moses Lake** is located, without regard to its principles on conflicts of laws.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Contact Phone Number: \_\_\_\_\_

Please review and sign the attached **Parental Consent Form** and **Media Consent Form**.  
Return signed forms along with the **Student Registration Form** to TRIO or email the form to:  
SIMosesLake@Soroptimist.net. Registrations are due by March 15, 2022.



**SOROPTIMIST INTERNATIONAL OF THE AMERICAS  
MEDIA CONSENT FORM: DUE MARCH 15TH, 2022**

I hereby grant permission to Soroptimist International of the Americas (SIA) and/or its Clubs to use my name, likeness and/or voice for all publicity purposes and in any media format. Media formats include but are not limited to: newspapers, magazines, television, radio, film, photographs, social media, and the internet.

SIA shall retain all rights to said materials.

Student Name (print) \_\_\_\_\_

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

***If above person is under 18 years of age parent/guardian signature is required:***

Parent / Guardian Name (print) \_\_\_\_\_

Parent / Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Student Home Address \_\_\_\_\_

City, State ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

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